

LIGHT START

Helga's Cafe Fruit Loaf | 5

Two toasted slices with butter and choice of condiments

Continental Breakfast | 7.5

Special K, Just Right, Coco Pops or Weetbix and two slices of toast

Two Eggs on Toast | 8.5

Your choice of scrambled, fried or poached

Eggs Benedict | 9.5

Toasted English muffin and poached eggs with your choice of topping:

- Virginia ham and hollandaise sauce or*
- sauteed baby spinach and hollandaise sauce*

BIG BREKKIES

Spanish Omelet | 12.5

Three egg omelet with your choice of filling:

- Virginia ham, tomato and cheese or*
- sauteed baby spinach, mushrooms and cheese*

Tonsley BIG Breakfast | 16

Your choice of scrambled, fried or poached eggs with bacon, grilled Roma tomatoes, kranski, mushrooms and toast

Croissants | 9.5

Two oven baked buttered pastries with Virginia ham, cheese and Roma tomato

Side Orders

Baked Beans | 2

Hash Brown | 2

Grilled Tomato | 2

Mushrooms | 2

Bacon | 3

Beef Sausage | 3

Toast | 3

BEVERAGES | 3.5

Cappuccino

Café Latte

Flat White

Long Black

Short Black

Macchiato

Mocha

Hot Chocolate or

Tea

Vienna Coffee | 4



all prices include GST